



Penn State MEC

25 April 2020

Good afternoon ladies and gentlemen,

We would like to respectfully invite you to The Pennsylvania State University on 25 April of 2020, to partake in our military excellence competition. This is a chance for your midshipmen and cadets to come to Penn State to represent your school and everything that you have put into them to make them who they are now. The competition will be divided into three categories of drill, athletics, and combat and teams will be able to compete in each of the categories of events. We wanted a new option for those schools around our area to be able to participate in a MEC that is offering new ideas to keep the idea fresh for everyone. We are inviting all branches of ROTC to compete and offering other side competitions to keep people entertained throughout the day.

We have worked with a few local hotels to get discounted rates for schools if you choose to spend the night at a hotel in the area for the night before the competitions you can have a discounted rate. On the day of the competition we will hold the events in three main locations including our multi-sport facility, natatorium, and Wagner building with it's surrounding fields. Therefore, having a variety of competition areas from turf, grass, rubber track, and a pool.

In the drill category, the events to occur will be basic platoon, basic squad, trick platoon, trick 2-man, and colorguard. In basic platoon drill, each platoon will be given a drill card of what commands to be performed in a certain order and they will be given a spacing requirement and will be performed on a turf field. In basic squad drill, each squad will be given a drill card of what commands to be performed in a certain order and they will be given a spacing requirement and will be performed on a turf field. In trick platoon, each platoon will bring their own rifles, and will be given a spacing requirement in which all the commands need to be completed within. For 2-man trick drill, each team will provide their own rifles and will be given a spacing requirement in which all the commands need to be completed within. For the color guard competition, each team will provide their own rifles, flags, and harnesses, they will be given a drill card with the commands to be called in a certain order and will be given a spacing

requirement that must be performed within and will perform on a turf field.

In the athletics category, the events to occur will be track events, swim events, a combat fitness test, a five-kilometer run and ultimate frisbee as a team sport. For the track events, there will be individual and team events, in both the participants must wear an identification factor to tell from what school the participant comes. The individuals or team will race on the outdoor track in a semi-final race and then once again later for a finals race. For the swim events, there will be individual and team events, in both the participants will have to identify themselves to the judges of their school before the event begins and will compete in their event in the pool. For the combat fitness test, each participant will complete the United States Marine Corps combat fitness test and scored by Marine Corps standards. For the five-kilometer run, the individual participants will run along a pre-planned and marked path through the woods on a trail. The ultimate frisbee event will be comprised of teams of seven players, where as a player catches the frisbee, they cannot run until passing the frisbee to a teammate and working their way down the field to the end zone while the opposing team plays defense.

In the combat category, the events to occur will be a corpsman challenge, seal team challenge, ISMT, and a Mogadishu mile. For the corpsman challenge each team of two participants will wear full NWU/MARPAT and other gear and tasked with getting to a dummy, performing practice medical procedures on said dummy and then would be tasked with extracting the dummy from the site. For the seal team challenge, teams of two participants will compete running 1.5 miles, followed by ammo-can presses, pull-ups, a shuttle run, buddy carries, and will end with an ammo can sprint. The ISMT stands for indoor simulated marksmanship training where the participants will be in teams of four and must partake in three stages consisting of an assault course, a transition, and a shooting simulator. The Mogadishu mile will consist of teams of six being supplied with a weighted vest per participant and a stretcher with about 180 pounds on it. Each team must carry the stretcher a mile around a paved track.

These are the events and brief descriptions of what they are, more detailed standard operating procedures will be provided later. Please let us know if you are interested in attending by 29 November.

Very respectfully,

The Penn State 2020 MEC Staff